

Vascular Surgery UPDATE



**Cranley Surgical
Associates, Inc.** General and Vascular Surgery
Surgical Oncology

**All the Options.
Better Care.**

Vascular Surgeons now perform a variety of new minimally invasive, catheter-based endovascular procedures to optimize the patients' vascular health. These supplement the traditional surgical approaches to therapy and thereby offer your patients *All the Options*.

TREATMENT FOR INTERMITTENT CLAUDICATION

Peripheral artery disease (PAD) affects 8 to 10 million Americans (12% of the adult population), placing them at a significantly higher risk of death compared with healthy adults of similar age. The most common symptom of mild-to-moderate PAD is intermittent claudication, present in about one third of symptomatic patients.

Vascular surgeons are skilled at differentiating symptoms that are attributable to arterial disease. Patients with arterial disease also suffer from arthritis and degenerative diseases of the spine, hips, and knees. Dissection of the history with close listening skills and placing the symptoms in the proper context of physical exam and hemodynamic studies, allows the selection of patients for appropriate procedures.

For claudicating patients, medical management includes symptomatic treatment with cilostazol (pletal) to increase walking distance. For all patients, however, it is equally important to pursue risk reduction through exercise programs and promotion of smoking cessation, as well as with the use of statins, and antiplatelet therapies.

The last decade has seen the development of many new exciting technologies for endovascular intervention:

endovascular cryoplasty, cutting balloon angioplasty, subintimal angioplasty, excisional atherectomy, excimer

laser assisted angioplasty and expanded (PTFE)-covered self-expanding stent-grafts.

Endovascular procedures may be indicated for individuals with a vocational or lifestyle limiting disability due to intermittent claudication. If clinical features suggest symptomatic improvement with intervention and there has been an inadequate response to conservative therapy, further evaluation is indicated.

The surgeons at Cranley Surgical Associates are expanding and reinforcing their commitment to provide the full range of vascular services for patients, including both disease diagnosis and treatment. We very much look forward to working with you in caring for your patients with vascular disease. You may schedule an appointment by calling: Monfort Heights: 513.961.4335 or Edgewood: 859.578.0442



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